

Together We Can Stay Healthy

5 Tips to Prevent Respiratory Illness



Keck Medicine of USC
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Keeping Everyone Healthy

Preschool Health and Safety Practices

Children's health and safety are our top priorities. Working together we can take assertive measures to protect our children and keep them in good health. We are implementing advanced measures to reduce risks of spreading communicable illnesses.



New School Hours & Operations

1. Our modified school hours will be extended. We will operate from 7:00am - 6:00pm, Monday - Friday.
2. All parents will be required to wear face masks and/or face coverings when entering the building.
3. **Group size will go back to normal following State Ratios during summer. We will no longer implement the 1 to 9 ratio.**
4. Breakfast will be served family style in that they all eat breakfast at the same time from 9:00am - 9:20am. Children must arrive to school by 9:15am to receive breakfast.
5. Meals will be served as follows: Breakfast, Lunch, and 1 snack after nap. Evening snack will no longer be offered due to new hours. Please see attached, our updated menu.
6. Alternative Meal Plan has been simplified. Parents of children with allergies, picky eaters, vegetarians, etc. may choose to provide all meals. Otherwise, deletions will be made accordingly to dietary restrictions. See front desk for more information.

Drop Off and Pick Up Procedures

1. Children must arrive to school no later than 10:00am. Children will not be permitted to school after 10:00am.
2. A teacher or administrator will joyfully greet each child at the entrance of the school and provide a health and temperature checks prior to parent/guardian leaving.
3. Visual inspections will be conducted of each child for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness.
4. Parents will not be allowed to walk their children to and from class. A staff member will sign your child into Procare.
5. At Pickup, parents will enter the lobby and a staff member will bring the child to the front desk. We cannot admit any child exhibiting any of the following symptoms into the program:
 - a. Fever of 100.4 or above
 - b. Cough
 - c. Chills
 - d. Sore Throat
 - e. Muscle Pain
 - f. Headache
 - g. Repeated shaking with chills
 - h. New loss of taste or smell
 - i. Shortness of breath or difficulty breathing
 - j. Has had any contact with someone with a confirmed diagnosis of COVID-19¹ is under investigation for COVID-19; or is ill with a respiratory illness in the previous 14 days.



Increased Handwashing Practices

1. Children will wash their hands before joining activities in the classroom and departing the classroom.
2. Children will wash hands before and after meals, before and after potty times, after table activities, after coming in from the playground, and as often as needed throughout the day.
3. Staff will be required to wear masks throughout the day and to always to wear gloves during diaper changes, food prep, wiping student faces, etc.

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BEYOND EXCEPTIONAL MEDICINE

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Modified Sick Policy

1. Children with a temperature exceeding 100.4 degrees will be excluded from the group, and parent/guardian must pick up within **30 minutes** of being notified. If parents cannot do so, arrangements must be made to have an emergency contact pick up the child.
2. Children may return to school **48 hours** after being fever free without medication and with a doctor's note stating the child may return to group care.

Additional Classroom Cleaning Processes

1. Staff will clean, sanitize, and disinfect classrooms during morning, nap time, and at close of the day, paying special attention to more frequently touched surfaces such as the sink, door handles, and chairs.
2. Professional cleaners will continue to clean all classrooms and common areas nightly.
3. Teachers will continue to sanitize toys at nap time and at the end of the day, and directors will sanitize front entrances.
4. Playground equipment will be sanitized in between playground time for each class.

Additional Practices to Control Spread of Germs

1. Increased modeling and directing children to cover coughs and sneezes.
2. If your child wakes up in the morning with a temp, please do not bring him/her to the center.
3. If your child wakes up after nap with an elevated temp of 100.4 or above, parents will be called for immediate pickup.
4. Substitute staff will be called in if any teacher feels ill. All adults will have temps checked.
5. Children's seating will be spaced out by placing no more than 2-3 children per table.
6. Teachers and staff will avoid kissing and hugging children to prevent risk of transmission.

Communication with Parents

1. In the event of a COVID-19 finding within the school, all parents will notified and the school will temporarily close for one full day to clean, sanitize, and disinfect the school.
2. State and local health departments will be notified.

