



BRIGHT SCHOLARS
★ EARLY LEARNING ACADEMY ★

WEEK 1 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Orange Wedges Milk	Pancakes & Sugar Free Syrup Fruit in Fruit Juice Milk	Scrambled Eggs Toast w/Fruit Jelly Sliced Apples, Milk	Muffins Fruit Milk	Waffles & Sugar Free Syrup ½ Banana, Milk
Lunch	Beef Sloppy Joe on Bun Fruit, Veggies Milk	Mac & Cheese Veggies Fruit Milk	Ground Turkey w/Rice Veggies, Fruit Milk	Grilled Cheese Veggies Fruit Milk	Chicken Nuggets Corn Fruit Milk
Afternoon Snack	Vanilla Wafers Orange Wedges, Water	Unsweetened Applesauce, Pretzels Water	Graham Crackers String Cheese Water	Strawberry Yogurt Goldfish Water	Ritz Crackers Banana Halves Water





BRIGHT SCHOLARS
★ EARLY LEARNING ACADEMY ★

WEEK 2 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Orange Wedges Milk	Pancakes & Sugar Free Syrup Fruit in Fruit Juice Milk	Scrambled Eggs Toast w/Fruit Jelly Sliced Apples, Milk	Muffins Fruit Milk	Waffles & Sugar Free Syrup ½ Banana, Milk
Lunch	Spaghetti w/Sauce Veggies Fruit Milk	Chicken Patty Mashed Potatoes Fruit Milk	BBQ Meatballs Veggies Fruit Milk	Spanish Rice Black Beans Mixed Veggies Fruit, Milk	Hamburger on Bun Fries Fruit Milk
Afternoon Snack	Unsweetened Applesauce, Veggie Straws, Water	Animal Crackers Cubed Cheese Water	Mandarin Oranges in Fruit Juice, Hawaiian Rolls, Water	Cheerios String Cheese Water	Cheez Its ½ Banana Water

